

# EXTREME

A MONTHLY NEWSLETTER FROM THE COUNSELING DEPARTMENT OF  
SOUTHERN WAKE ACADEMY

This Newsletter is to inform you of all the important dates/events that are to come!!!

### Job Shadows and Community Service

Make sure you are getting your job shadows complete and your community service hours taken care of. If you need help setting them up please see Mr. Thomas.

### Remember:

30 hours of community service

4 Job Shadows

Ask your advisor about online job shadows!!!

### Job Shadow Requirements:

1. A total of 4 per year, 4 hours each.
2. Should be focused on a career choice, specific project or college information sessions
3. Tour of site
4. Hands-on experience at job
5. Completion of reflections report

### Resolving conflicts

If you are having a conflict with a fellow classmate, please see Mr. Thomas and get the conflict resolved before it gets out of hand!



## College Application Week! (Seniors)

Week of November 14, 2011

### Sponsored by CFNC

In an effort to further expand statewide college access, the College Foundation of NC (CFNC) will be sponsoring college application week.

The Goal: To provide **every** graduating high school senior the opportunity to apply to college online using CFNC.org, whether it is a two-year college or four-year university.

## College Application Week (Cont.)

Things to do before college application week:

Create a "My CFNC Account" at CFNC.org (very important!!)

Explore colleges online through CFNC.org

Identify Application Fees (If a student registered for the SAT through SWA, then they are allowed up to 3 college application fee waivers!)

We would like to have every senior apply for at least one college/university if they are planning on doing any kind of post-secondary work!

## SAT:

SAT: If a student would like to register for the SAT, please see Mr. Thomas.

Southern Wake has SAT fee waivers for students.....the test is free!!

SAT is especially important if a student would like to attend a four-year university! For more information visit [www.collegeboard.com](http://www.collegeboard.com)

### SAT DATES:

Dec 3, 2011 (Register by Nov 8)

Jan 28, 2012 (Register by Dec 30)

March 10, 2012 (Register by Feb 10)

May 5, 2012 (Register by April 6)

June 2, 2012 (Register by May 8)

# Tests: (ACT, EOCs, Field Tests)

## ACT: Juniors

In August, 2011, North Carolina Legislature has passed a new requirement that all high school juniors take the ACT.

Southern Wake Academy is required to give all juniors the ACT on **March 6, 2012**. The test is free for students. While this is a State required test, they can still use this score to send to colleges. Starting in 2013, the ACT will be counted in the school's accountability and performance formula.

Students who have accommodations will be able to use those during the ACT.

To prepare the juniors for the ACT, Kaplan Test Prep and Admissions group will be giving the ACT practice test for all Southern Wake Academy juniors on

**November 15, 2011 starting at 9:00 AM**

**After the test:** Kaplan will be holding a seminar for parents and students to pick up their scores, receive a comprehensive

analysis of their performance and understand their strengths and weaknesses.

This will be held on

**Thursday December 1, 2011 at 6:30PM at the school!**

## ACT Plan Test: (Sophomores)

The Legislature is also requiring that every high school give ALL sophomores the ACT Plan Test. The ACT Plan test is a test to get students ready for the required ACT Test their junior year!

This test will be given to ALL sophomores on

**Thursday December 8, 2011 at 9:00AM.**

## English II Field Test:

Southern Wake is required to give all students who are enrolled in English II this semester the English II Field Test. All students who are enrolled in English II this semester will be taking the English II Field test ONLINE on **Thurs November 17, 2011 at 9:00AM.**

## Important:

If a student is enrolled in an EOC course this semester or next semester, it would be a great idea to go ahead and check out the online EOC Test tutorial. This is also for those who have to take the field test in Nov. The website is <http://go.ncsu.edu/nctdemo>

# Parent Corner

As you can see, we will be testing more than usual this year as a result of new requirements handed down from the State of NC. Please help us in preparing your student for the upcoming tests!

## Junior Class Meeting: Parents and Students

**April 17, 2012 7:00PM**

This meeting is for current juniors and their parents to meet with Mr. Thomas to get prepared for their senior year of high school. Topics being discussed, schedule, internship, college, SAT, and much more!

## Upcoming Dates:

**Interims:**  
**November 2, 2011**

**Portfolio Conferences: November 3-5, 2011 (Please make an appt with advisor!)**

**No School: Friday November 11, 2011**

**Community Service/Job Shadow Day (Half Day): Monday November 14, 2011**

**Thanksgiving Break: November 23-25, 2011**

**Contact Information**  
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